

What Can Empathic Healing Do for Me?

Contributed by Administrator
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Here are some examples of things that I have helped others to do:

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Identify and clear energetic blocks/limiting beliefs preventing you from manifesting what you desire in your life, whether it be abundance, health, happiness, relationship.... the more specific you are in listing what it is that you desire, the better able I am to help you identify what is preventing you from attracting that into your life.

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Clear energetic blocks caused by prolonged stress, trauma or abuse, relieving or reducing symptoms of Post Traumatic Stress Disorder.

- Clear energetic blocks in the chakras which result in feelings of insecurity, lack of passion, disempowerment, closed heart, inability to express oneself, limit intuitive abilities.

- Provide relief from pain or illness: the natural state of the body is health. When you are not in perfect health, the cause is mental dis-ease. Either a limiting belief or emotional/energetic blockage is causing this illness. Once the dis-ease is identified and corrected, your body will automatically return to its natural state of health or equilibrium.

- Assist in identifying the source of your frustrations/irritations. I can help you to discover why certain parts of your life are not working for you.