

A Time To Heal

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Sunday, 04 January 2009
Last Updated Monday, 05 January 2009

I met Cindy through a message board forum where she really has helped me in a profound way and it still resonates to my very core.

I don't even know where to start because she has helped me on so many different levels. It's not like..." ok you are all balanced" and move along to the next one. Cindy took the time to state why there was an imbalance. She was so accurate that tears started streaming from my eyes. Especially when I never told her anything about me. It's amazing and genuine. I feel more and more able to do more. I can even meditate and the frustration is not there. I feel balanced and focused. Ready to listen... A mere thank you does not seem much for what you have done for me but it comes from deep within --- Thank you Cindy!!!! and my spirit thanks you as well!!!!